

The Flu Season

2009 / 2010

There is increasing interest amongst many of our residents regarding this winter's "Flu Season". For current information regarding our local situation we recommend you consider visiting government / medical websites such as

www.healthunit.org

This is your local Health Unit. If you decide to deal with "higher authorities" such as the Provincial / Federal governments or go global with the United Nations - World Health Organization some information may not be totally applicable to Augusta Township and / or the United Counties of Leeds and Grenville.

Most of what is being recommended are protocols from microbiology laboratories where people work in and around microorganisms all the time. Just because you do not understand does not mean the advice is wrong ! Be leery of people who say "sounds like nonsense" and offer no explanation as to why they have come to this conclusion.